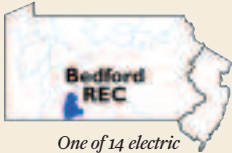


Bedford Rural Electric Cooperative

A Touchstone Energy® Cooperative 



One of 14 electric cooperatives serving Pennsylvania and New Jersey

Bedford REC
P.O. Box 335
Bedford, PA 15522
814/623-5101
Email:
support@bedfordrec.com
Website:
www.bedfordrec.com

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Attorney

OFFICE HOURS
Monday through Friday
7:30 a.m. - 4 p.m.

FROM THE GENERAL MANAGER

Do the 'Electric Shift' – help us COOL future power costs



Brooks Shoemaker
General Manager

DID YOU KNOW that our future electric rates are partially based on how much power you use on hot summer days? It's true. During the summer, through the end of September, when demand for electricity is high (typically hot, humid weekdays between 1 and 6 p.m., when the air conditioning load is high), we pay premium prices for the

energy our members consume.

Fortunately, you, as an owner-member of Bedford Rural Electric, can help us contain these costs. During periods of peak demand, when you hear our broadcast alerts on local radio and television stations requesting that our consumers reduce or eliminate nonessential electricity consumption, help us and do the "Electric Shift." It's easy to do; for example, set air conditioners at 78 degrees, or better yet, use fans instead; close curtains and blinds to keep the heat outside; postpone running the dishwasher, washers or dryers until later in the evening or early the next morning; cook on the grill or use the microwave; and run pool pumps at

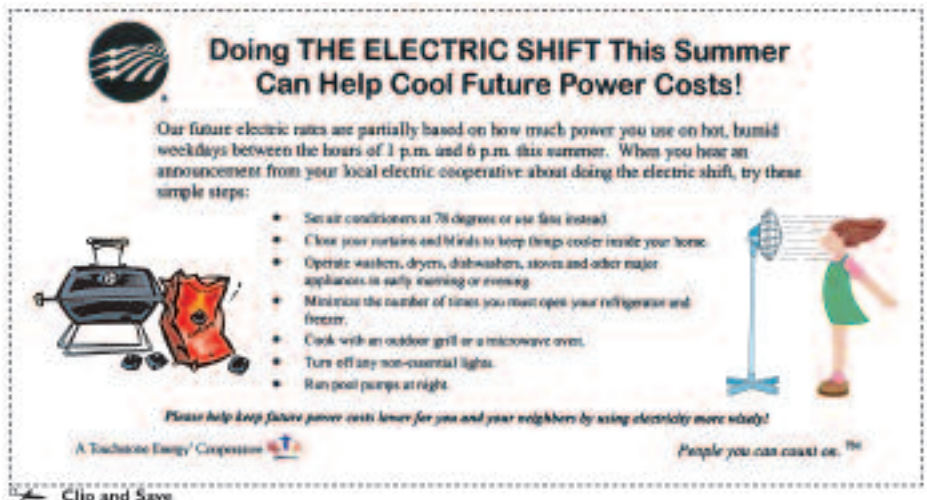
night. We realize these are inconveniences. However, if we all work together and do our part, we can make a difference — and help reduce future power costs in the process. Remember, as a member of a non-profit cooperative, when we save money, you save, too!

Our Energy, Our Future

Pressure is mounting in Congress to do something about climate change, which is one aspect of a looming energy crisis created by increasing demand for electricity and decreasing capacity to meet that demand. Experts now say some areas of the country will be short of power within one or two years.

However, energy supply isn't an issue our elected representatives are spending a lot of time on. Some people say we can meet demand through efficiency and renewable energy. The reality is that we need all the efficiency and renewable energy we can get, but that will not be enough. To avoid another energy crisis, the federal government must exercise true leadership, and provide a sound, responsible plan to safeguard the reliability of our electric system, and ensure that Americans are

(continues on page 10d)




Doing THE ELECTRIC SHIFT This Summer Can Help Cool Future Power Costs!

Our future electric rates are partially based on how much power you use on hot, humid weekdays between the hours of 1 p.m. and 6 p.m. this summer. When you hear an announcement from your local electric cooperative about doing the electric shift, try these simple steps:

- Set air conditioners at 78 degrees or use fans instead.
- Close your curtains and blinds to keep things cooler inside your home.
- Operate washers, dryers, dishwashers, stoves and other major appliances in early morning or evening.
- Minimize the number of times you must open your refrigerator and freezer.
- Cook with an outdoor grill or a microwave oven.
- Turn off any non-essential lights.
- Run pool pumps at night.

Please help keep future power costs lower for you and your neighbors by using electricity more wisely!

A Touchstone Energy® Cooperative  People you can count on.™

Clip and Save

Makayla Feathers eager for fair to begin

BY LINDA WILLIAMS



Makayla displays some of the ribbons and prizes she has won entering fair and farm show competitions.



THE FAIR IS a busy time for everyone who is involved. From the full-time managers to the youngest exhibitors, the scent of sawdust intermingled with sausage and onions, the upbeat music of the carousel, and the orange vests of the ticket takers are all a backdrop to hectic schedules and a multitude of tiny details.

Busy preparations are something Makayla Feathers, an 11-year-old Mountain Hollow 4-H Club member, knows all about. This summer, Makayla will be entering competitions in shooting, rabbits and baking at the Bedford County Fair. Plus, she is hoping to defend her title as the first-place winner in the Hershey Cocoa Classic Baking Contest.

And, for the third consecutive year, her granddad, Gary Feathers, will be

on hand to bid for her brownies at the annual 4-H Bake Sale. Two years ago, Gary bid \$55 for his granddaughter's special brownies and last year, the bid went to \$75.

What makes Makayla's brownies especially good is that, not only have they won first at the Bedford County Fair, they have also won second place two years at the Pennsylvania State Farm Show.

To come up with prize-winning recipes, Makayla and her mother, Jennifer, put their heads together and combine ingredients from several really good recipes to create a chocolate sensation all of their own.

While the recipe she'll enter at this year's fair, scheduled for July 20-26, is still a secret, Makayla has agreed to share her prize-winning recipe from last year.

In addition to her baking projects, Makayla will be entering eight rabbits at the fair. She currently has eight adults and 17 baby Himalayans. Last year, her rabbits won two trophies in best of breed, a first in showmanship competition and second-, third- and eighth- place finishes.

She also enters air rifle and pistol shooting. Her prizes last year included a first in novice rifle shooting, kneeling. Last year, Makayla also won second place in gobs and fudge competition and second and thirds in sewing.

During her summer hours when she is not working on fair projects, Makayla plans to fish, hunt, go mushroom picking, do some arts and crafts, swim, and study chemistry.

A sixth-grader at Chestnut Ridge Middle School, she loves reading, working on the computer, home economics, gym and playing the drums. She is also a Girl Scout. 🌻



Makayla was named the Outstanding 4-H Member for 2007. Her leaders at Mountain Hollow are Cheryl and Jim Jezskie.

GOOEY PEANUT BUTTER S'MORE BROWNIES

- 1 cup butter or margarine
- 1/2 cup Hershey's Special Dark Cocoa or Hershey's Dutch Processed
- 1 cup packed light brown sugar
- 1 cup Hershey's Reese's Peanut Butter Chips
- 3 eggs
- 1 teaspoon vanilla extract
- 1 cup all-purpose flour
- 1/2 cup granulated sugar

TOPPING INGREDIENTS

- 1 jar marshmallow cream
- 1 cup Hershey's Reese's Creamy Peanut Butter
- 1 cup chocolate frosting

FROSTING

- 1/4 cup melted butter
- 2 cups sifted powdered sugar
- 1/4 cup Hershey's Cocoa
- 3 tablespoons hot water
- 1 teaspoon vanilla



The Hershey Hershey's Cocoa Classic Cookie and Brownie Contest has been Makayla's main competing forum for the past two years. She has a multitude of Hershey's ingredients to choose from. These were part of her prize at the 2008 Farm Show.

Heat oven to 350 degrees. Grease bottom of 9-inch by 13-inch baking pan; set aside. Place butter in mixing bowl and beat until soft. Add cocoa and mix until smooth. Add brown sugar and granulated sugar; mix until well blended. Add eggs and vanilla; beat well. Add flour; stir until well blended. Stir in peanut butter chips. Spread into prepared pan. Bake 20 to 25 minutes or until center is set. With a spoon, evenly drop marshmallow cream onto cooled brownies. In small microwave-safe bowl, microwave frosting on high for 30 seconds or until it is melted and smooth. Repeat with peanut butter. Pour melted frosting, then melted peanut butter over marshmallow cream and swirl with butter knife to marble. Let cool completely.

For decoration, add: 1 package honey graham crackers, 1 Hershey's Premium Baking Bar, 1 package marshmallows. Break graham cracker into four squares, set aside. Melt baking bar in double boiler. When the chocolate is melted, dip graham cracker in it, set on wire rack to dry. Toast marshmallows with torch. When cool, put on top of brownies along with graham crackers.

FROM THE GENERAL MANAGER

(continued from page 10a)

able to afford to pay their electric bills.

We, as electric co-op members and constituents, must call on elected officials to provide this leadership. You don't need to be an energy expert to ask questions, but asking helps find the answers to solve the problem of balancing climate change goals with keeping your lights on and your electric bills affordable.

Right now, members of Congress, as well as state elected officials, are hearing from lots of special interest groups who have ideas about how to address climate change. But, no one is talking to you, the consumer. We need a plan people can live with today while we deal with the climate change problem of tomorrow.

To make things easy, we have a website that will send an email for you. Go to www.ourenergy.coop and plug in your address. There you'll be able to ask a series of questions to your representatives in Washington. If you need help or don't have a computer, just call or stop in the office, and we'll help you.

We're kicking off this effort with three basic, but critical, questions: What are you doing to make sure we'll have the power we need in the future? What are you doing to fully fund the research required to make emissions-free electric plants an affordable reality? And, how much is all this going to increase my electric bill and what will you do to make it affordable for everyone?

Far too often, questions don't get asked by policymakers until plans go wrong. We believe it makes sense to know the answers before the laws are passed. You can help your elected officials and yourself by having this conversation. Please, log on and send 'em a message! 🌞

Trading Post

SERVICE: Custom Poultry Butchering. Phone Gerald Mowry, Osterburg 276-3952.

FOR SALE: Fresh dressed chickens. Phone Gerald Mowry, Osterburg 276-3952.

WANTED: Local farmer looking for land to lease in Bedford County area. Phone 484/797-2670.

FOR SALE: Kalamazoo cook stove. Black and white. Very good condition. Phone 814/623-6894.



Our Energy, Our Future
A Dialogue With America

IT'S OUR TIME.

It's our time to lead America in a national dialogue – about America's climate change goals and energy challenge. It's time to raise awareness. Have the hard



conversations with our elected officials. Empower people. It's not us versus them. It's me. It's you. It's all of us. Together. It's about the energy to effect positive change. It's about the power of conversation. It's about the power in all of us, to find the right answers.

IT'S ABOUT OUR ENERGY. OUR FUTURE.

Let's get the conversation going.

Visit www.ourenergy.coop and start

the dialogue. Don't have access to a computer? Stop in the office, we have one you can use. It's always logged on to ourenergy.coop. Don't use a computer? We'll provide letters for your legislators – just sign them, fill in your name and address and drop them in the mail. It's that easy!

TROUBLE CALL SCHEDULE

In case of trouble ...

- First Check your fuses or circuit breakers.
- Second Check with your neighbors, if convenient, to see if they have been affected by the power failure.
- Third **Call 24-hour number, 623-7568**
OR call 1-800-808-2732 during office hours
(Please help us save money - only use this number if toll charges apply.)

Please give person receiving call your name as it appears on your bill, your telephone number and your map number if known. Any specific information about the outage will also be helpful in pinpointing the problem.

Alternate numbers ...

Ed Hankinson	Week of July 7	733-2495
Scott Bischof	Week of July 14	839-4640
Gary Lafferty	Week of July 21	842-9925
Scott Shook	Week of July 28	623-2395
John Karns	Week of August 4	977-5109
Troy Mock	Week of August 11	276-9759

In case you cannot reach any of the above ... Call:

Jim Wood	Bedford.....	623-6121
James Clark	Everett	652-9791
Mark Rowan	Bedford.....	623-7890

During widespread power outages, many members are calling to report power failures, so you may receive a busy signal. Please be patient and try again in a few minutes.