


Bedford Rural Electric Cooperative

A Touchstone Energy® Cooperative 



One of 14 electric cooperatives serving Pennsylvania and New Jersey

Bedford REC
P.O. Box 335
Bedford, PA 15522
814/623-5101

Email: support@bedfordrec.com
Website: www.bedfordrec.com

BOARD OF DIRECTORS

President & PREA Director
Owen L. Miller
East St. Clair Twp.

Vice President & Allegheny Director
C. Robert Koontz
Colerain, Snake Spring and South Woodbury Twps.

Secretary
Donald Hoenstine
Kimmel and King Twps.

Treasurer
Reuben R. Lafferty
Juniata Twp., Bedford County, and Allegheny Twp., Somerset County, New Baltimore Boro

Assistant Secretary
Earl W. Garland
East Providence Twp., Bedford County, and Brush Creek Twp., Fulton County

Assistant Treasurer
William "Howard" Atkinson
Monroe and West Providence Twps., Everett Boro

Wayne M. Hillegass
Napier and Harrison Twps.
John R. Koontz
Bedford and Cumberland Valley Twps.
Ned H. McDonald
West St. Clair, Pavia, and Lincoln Twps.

John J. Dirienzo Jr.
Attorney

OFFICE HOURS
Monday through Friday
7:30 a.m. - 4 p.m.

FROM THE GENERAL MANAGER

Ariel Watters to attend NRECA Youth Leadership Conference



Brooks Shoemaker
General Manager

EVERY JUNE, nearly 1,500 high school students converge on Washington, D.C., for the Rural Electric Youth Tour. To date, over 40,000 students from rural areas and small towns all over America have participated in this unique program.

The tour is an invaluable experience for the students. They learn about electric cooperatives, American histo-

ry and U.S. government. They attend educational seminars, visit with their representatives in the House and the Senate, and see the sights around Washington, D.C.

The 2008 Youth Tour's theme was "Commitment to Community." The message that the National Rural Electric Cooperative Association (NRECA) conveys is that political and civic involvement continue to be at the core of electric cooperatives. Explaining the history of electric cooperatives and the values they represent is important as the leaders of the next generation take hold and follow their dreams — whether in a classroom, on a farm, at their local cooperative or in the halls of Congress.



Ariel Watters

Ariel Watters, a 17-year-old senior-to-be at Everett High School, has been selected as Pennsylvania's representative to the NRECA Youth Leadership Council.

The Youth Leadership Council (YLC) is a joint effort of local coopera-

tives, statewide organizations and NRECA. Each state that participated in the Youth Tour is entitled to have one representative on the YLC. The council develops leadership and presentation skills, and provides a broader understanding of electric cooperatives and the energy industry. Ariel will represent Pennsylvania at the NRECA Youth Leadership Conference and have the opportunity to attend and participate in the NRECA resolution process at the



FAMILY TOGETHERNESS: Ariel Watters beams as she joins her grandparents, Doris and Don Dibert, and brother, Ben, after church. Behind them are her parents, Della and Evan Watters, and grandparents, Tom and LaDonna Watters, all of Everett.

NRECA Annual Meeting in New Orleans next year.

Ariel is the daughter of Evan and Della Watters and the granddaughter of Tom and LaDonna Watters and Don and Doris Dibert. She is an accomplished instrumental musician, vocalist, actress and scholar. All of the talent, ability, education and accomplishments come compacted into a 4-foot-10-inch frame, bubbling with energy and topped with blonde hair and an ever-present smile, proof that good things do come in small packages.

She values her family, which extends to her church, school and many productions she has been involved with over the years. A sensitive young lady, she is easily angered by people picking

(continues on page 10d)

Angel Food Ministries open to all who eat

BY LINDA WILLIAMS

GIVEN THE HIGH cost of living these days, Angel Food Ministries, sponsored by the Crossroads Bible Church, is indeed living up to its name.

Offering good, quality, name-brand food at a phenomenal price, the ministry is open to everyone who eats; income is of no concern. While some folks think you are taking food from the poor if you participate, the truth is the exact opposite. You are actually helping the poor to eat.

For every \$30 box of food purchased through Angel Food Ministries, \$1 goes back to Crossroads Bible Church. This money is used to help those in need. Connie and Jim Harbaugh of Fishertown are the local project co-chairmen.

"We just can't understand why we don't have people standing in line to sign up," says Jim.

Jim and Connie first heard about Angel Food Ministries, a national proj-

ect, when they were visiting their son in Punxsatawny. They brought the idea back to their own church board and it was quickly accepted.

Each month, those wishing to purchase food can watch their local newspapers for the sign-up date at the East St. Clair Township building. When you sign up, you will be informed of the pick-up date. Once you are in the program, you can order and pick up all at the same time. It is also possible to ask for a sign-up sheet to be mailed to your home. At the advice of the National Angel Food Ministries, the program does not accept checks. Cash, cashier's checks, money orders and food stamps are accepted.

One unit of food will feed a family of four for approximately a week; a senior citizen could probably stretch it out for a month. For instance, the June order included: 1.5 pounds of rib eye steaks; 1.5 pounds of hamburger patties; 2 pounds pork riblets; 4 pounds I.Q. frozen chick-

en leg quarters; 2 pounds breaded chicken tenders; 20 ounces supreme pizza; 1 pound mild Italian sausage; 32 ounces of 2 percent, reduced-fat, shelf-stable milk; 6 ounces pancake mix; 15 ounces pork and beans; 14 ounces ketchup; 2 pounds french fries; 16 ounces sliced carrots; 16 ounces mixed vegetables; 7.5 ounces macaroni and cheese; dessert item; and one dozen eggs.

The cost of all this is \$30; it is worth at least \$60. Once you have purchased a unit of food, you are invited to purchase other specials, such as a family grill box for \$20; a steak-and-meat combo box for \$20; or a 10-pound, breaded chicken breast strip box for \$16.

The more you purchase, the more you save, and the more you help someone else in need. It is truly a "win-win" situation. The Harbaughs note some

WELCOME: Sandy Zimmerman, Carol Foor and Connie Harbaugh sign up a food ministry customer, Bob Sabo.





CARRYOUT: Folks line up for their food at the June distribution of the Angel Food Ministries at the East St. Clair Township Building. Volunteers are busy handing it out.

folks purchase two boxes, take one and leave one for someone who cannot afford the \$30. Or, some send a receipt to a family in need and tell them to go pick up the food on the delivery date. These folks are helping others in numerous ways.

“A side benefit,” says Connie, “is that we also lead souls to Christ. We’ve had people come to get the food who were not attending any church and became believers because of our project.”

The project is operated by volunteers. Crossroads Bible Church has at least 30 volunteers who help with taking orders and picking up the food in Somerset.

While the Crossroads Bible Church originated the program in the Fishtertown area, there are other programs throughout the county. The New Enterprise program is through the New Enterprise Church of the Brethren (call 766-2161); the Everett program is through the Everett First Christian

Church (652-5010); and the Hyndman Ministerium sponsors the Hyndman Food Bank (842-6138). The Fishtertown contact number is 839-4979.

None of the food is out of date, comes in dented cans or is in any way not first quality. The food is purchased directly from the manufacturer and is overages, not seconds.

The more food they need to purchase, the better the price.

Angel Food Ministries was started by the Rev. Joseph Wingo and his wife, Linda, of Monroe, Ga. They began the program off their back porch and it has since

grown to serve 8.1 million families. In just one three-day period, 547,000 boxes of food were distributed.

Crossroads Bible Church currently meets at Heartland Hall, but is hoping to soon break ground for a new church off Pensyl Hollow Road.

For more information, check out angelfoodministries.com or Crossroads-bible.info. ☀



BOUNTIFUL: This display shows food purchased for \$30 through the Angel Food Ministries.

Improve your air conditioner's efficiency

Air conditioners use a lot of electricity, consuming the most in a summertime heat wave. Without regular service to your air conditioner, its efficiency can fall by as much as half, especially when it works overtime in the summer heat. However, proper maintenance and repair on your air conditioner will save you money and can extend its life for roughly 15 years.

Air conditioners are complicated and require specialized tools to service them. It is best to hire an air-conditioning technician. An annual tune-up of your air conditioner averages approximately \$50 to \$100, but can reduce your cooling costs by 5 percent or more.

Here are some maintenance tips that should be performed by a professional:

- ▶ Inspect the ductwork for loose joints and other leaks. Air leaks waste energy and should be sealed with duct mastic, not duct tape.
- ▶ Check hose connections for leaks, and make sure the condensation tube is draining freely.
- ▶ Clean the blower so that it can move air more efficiently.
- ▶ Oil the motors, and check the belts for tightness and wear.
- ▶ Straighten any bent fins on the condenser and evaporator coils.
- ▶ Inspect the electric terminals and make sure to clean and tighten the connections.
- ▶ Inspect the thermostat to ensure that it provides a reliable reading.

Office Closing
Bedford REC's office will be closed on Monday, Sept. 1, for Labor Day.

FROM THE GENERAL MANAGER

(continued from page 10a)

on others, especially Ben, her younger brother, though she reserves the right to pick on him.

Her love of music began at a young age, and continues today in her extensive involvement with chorus and band. Her friendship with the young ladies in the Rainbow Girls provided her with role models, poise and leadership. The stage provided opportunity to learn self-confidence and understand that many people are involved in any successful endeavor, whether it is a stage production, school project or other life experience.

Ariel enjoyed representing Bedford REC at the annual Youth Tour in Washington, D.C, where she met many young people from across the nation, and learned about the heritage of the electric cooperatives.

"I have more appreciation now for the electric cooperative," Ariel states. "I never really knew much about them or



HIGH SCHOOL ACTRESS: The petite 4-foot-10-inch Princess Winnifred prepares to climb the ladder to her lofty bed in the presentation of "Once Upon A Mattress" at Everett Area High School this spring. More than acting was involved in the climb – Ariel Watters has a fear of heights and her role placed her in this unpleasant situation many times during the production.

how they worked until this tour. It will be the chance of a lifetime to represent

my state at the NRECA Annual Meeting. I'm excited to go to New Orleans and join the other representatives."

Despite the myriad activities she is involved in, including her usual household responsibilities and spending time with her family, she is volunteering this summer as a teacher at the Snake Spring Valley Church of the Brethren Vacation Bible School and looking forward to some time at the beach.

As she prepares for her final year of high school, she plans to become a social worker and hopes to open a counseling practice. Still, her love of drama will not allow her to abandon the stage and acting. She is investigating the possibility of joining a Broadway touring group for a year or so. Additionally, she hopes to write a play based on the Holocaust that will teach tolerance and acceptance to middle and high school students.

Congratulations, Ariel! You are setting an excellent example for the leaders of tomorrow! ☀



BEDFORD ROYALTY: Elected as Fall Foliage Queen in October 2007, Ariel Watters will continue in this role until she crowns her successor. The pageant is held during the annual Fall Foliage Festival in Bedford. Contestants represent the school districts throughout the county during their junior year of high school.

Trading Post

SERVICE: Custom Poultry Butchering. Phone Gerald Mowry, Osterburg 276-3952.

FOR SALE: Fresh dressed chickens. Phone Gerald Mowry, Osterburg 276-3952.

WANTED: Local farmer looking for land to lease in Bedford County area. Phone 484/797-2670.

TROUBLE CALL SCHEDULE

In case of trouble ...

First Check your fuses or circuit breakers.

Second Check with your neighbors, if convenient, to see if they have been affected by the power failure.

Third **Call 24-hour number, 623-7568**
OR call 1-800-808-2732 during office hours

(Please help us save money - only use this number if toll charges apply.)

Please give person receiving call your name as it appears on your bill, your telephone number and your map number if known. Any specific information about the outage will also be helpful in pinpointing the problem.

Alternate numbers ...

John Karns.....	Week of August 4	977-5109
Troy Mock	Week of August 11	276-9759
Greg Miller	Week of August 18	839-0037
Al Hileman	Week of August 25	766-9971
Jim Seymour	Week of September 1	839-2848
Ed Hankinson	Week of September 8	733-2495

In case you cannot reach any of the above ... Call:

Jim Wood	Bedford.....	623-6121
James Clark	Everett	652-9791
Mark Rowan	Bedford.....	623-7890

During widespread power outages, many members are calling to report power failures, so you may receive a busy signal. Please be patient and try again in a few minutes.